



Your Outdoor Experience in the Heart of the Ozarks & Mark Twain National Forest

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APRIL 2014

APRIL 2014 NEWSLETTER

HC 64 Box 6015
West Plains, MO 65775

Greetings from Flying R Ranch

Welcome!

The Cowgirl Getaway is coming up this weekend, filled with pampering for you and your horse and lots of ride time in the Spring air.

Our first Flying R Ranch Trail Challenge Competition is April 11 & 12, come compete or ride along with friends. It will be an educational and fun adventure.

We hope to see you soon!

Terry & Pam Carroll

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- Chef Chris' Monthly Recipe

*Gourmet Meal Packages
Open Year Round
Miles and Miles of Trails*



**Riding at the Flying R Ranch is always open riding, even on event weekends.
OPEN 365 DAYS A YEAR!**

ATTENTION!

WE NOW HAVE A 5TH WHEEL CAMPER AVAILABLE FOR RENT.

1 Bedroom with a double Bed, a double sleeper sofa, dinette, full kitchen and full bathroom. \$85.00 per night for up to 2 people, each additional adult \$10.00, children 6-11 \$5.00 and children under 5 free.

A comfortable spacious getaway for your family or horse vacation.



NEW HITCH N POST STORE ITEMS

IN STOCK AND READY FOR 2014 SEASON



Backing Up Your Trailer

Advice for New Truck and Trailer Drivers from Cherry Hill:

If you have never backed up a trailer, it can be a confusing and non-intuitive maneuver. If you want the trailer to turn left, the rear end of your rig must go right. You often gauge your progress by looking in a side or rear view mirror, which reverses things. So, how do you manage it? By going slow, practicing, using a helpful ground person and/or frequently putting the truck in park, getting out and walking around the trailer to see what's happening. Here's some tips from *Equipping Your Horse Farm by Cherry Hill and Richard Klimesh* that will help make the maneuver second nature:

Put your hand in the center of the bottom of the steering wheel. If you want the back of the trailer to move to the left, move your hand to the left.

If you want the back of the trailer to go to the right, move your hand to the right.

For a sharp turn, turn the steering wheel before you press the accelerator.

For a gradual turn, turn the steering wheel and press the accelerator at the same time.



Once the trailer is going in the direction you want, you need to straighten out the truck wheels to have your truck follow the trailer.

Let us know if you need help and the guys will be happy to show off their manly parking skills!

Let's Ride! . . . and eat . . . and ride . . .



~the **Monthly HOOT**~

A 7 year old was asked if he knew why he had to be quiet in church - "Sure!", he replied. "People are sleeping in there!"

UPCOMING EVENTS



Information for everyone:

Riding at the Flying R Ranch is always open riding, even on event weekends.

When we have event weekends the participation is voluntary, our trails are always open to everyone wanting to ride.

None of our rides are “organized”, you may join in the activities or ride on your own.

Come and see us, you’ll be glad you did!

April

11, 12 & 13

Flying R Ranch Trail Challenge Competition I

We are very excited to announce the first annual Flying R Ranch Trail Challenge! Our first challenge weekend will start April 11. Registration for the Obstacle Course will start at 3:00-3:30pm on Friday and the competition will be 4:00-5:30pm, with plenty of time to get ready for dinner. Registration for Saturday’s trail challenge will be 8:00-9:00am during breakfast and riders will head out by 9:30am. Obstacle course and trail obstacles will be announced at the competition. Earn points toward a championship buckle and lots of other great prizes. There will be two other Flying R Ranch Trail Challenge Competitions in 2014 with cumulative points for each event and a dinner and awards ceremony on the last challenge weekend. Fees will apply, for more details, visit our events tab on the website.

Memorial Day Poker Run Weekend

There will be music and dancing in the lodge on Friday and Saturday nights. Enter the Poker Run Trail Ride beginning at 9:00am Saturday morning and search the trails for playing cards. The winners will be the riders with the best four poker hands. Get your team together on Saturday afternoon and join in the Dutch Oven Dessert Cook Off. Each team of cooks will prepare a dessert with provided ingredients. The judges will vote for the best desserts and the winners they choose will be announced at dinner, prizes will be given for participation and winners. Saturday night Karaoke contest. Win prizes for the best Memorial Day campsite decoration.

May

23, 24 & 25



For a complete list of our Calendar of Events go to: [Flying R Ranch 2014 Calendar of Events](#)

CHIEF CHRIS'

Recipe of the Month



Chicken Marsala Piccata

Ingredients

3-4	6 oz Chicken Breast		
1/2	4 oz Jar Capers	6 oz	Fresh Spinach (de-stemmed and chopped)
1	Red Onion (diced)	1	Large Ripe Tomato (diced and de-seeded)
4	Cloves of Fresh Garlic (minced)	1	16 oz Pkg. Bow-tie pasta(cooked Al-Dente)
2	Lemons	1	Cup Marsala Wine
1	Red Pepper (sliced into strips)	1	Cup AP Flour for dredge
5	Leaves of Fresh Basil (rolled up then sliced thin)	1	1/2 t Sea Salt
2	Sticks of Unsalted Sweet Cream Butter (cut into cubes and softened)	1	1/2 t Fresh Ground Black Pepper
		2 T	Olive Oil
		2 T	Parmesan Cheese

Directions

Heat a large skillet with the olive oil on medium high heat. Take the chicken breast and cut in half on the diagonal so that you have two triangle shaped pieces. Salt and pepper both sides then dredge in the flour. Add the chicken to the skillet and cook until golden brown on both sides. Remove the chicken and set aside then add the garlic, red onion, red pepper, and the capers. Saute 1 min then add the diced tomatoes and heat them through then de-glaze the pan with the Marsala wine. Add the spinach and the juice from one of the lemons. When the spinach is wilted add the softened butter and remove from the heat. Toss with the chicken and add the basil, salt and pepper to taste. Either toss with the Al-dente pasta or serve over and garnish with lemon slices and Parmesan cheese.

For a great meal serve with a Caesar Salad and some Crusty Bread.

Nature gave us all something to fall back on, and sooner or later we all land flat on it. . .Anonymous Cowboy

Flying R Testimonials

Let other campers know what you think about us here at Flying R Ranch. Go to www.horsetrailandirectory.com and submit a review. Click on Missouri and scroll down to West Plains-Flying R Ranch then click on Submit Review. If you haven't had a chance to visit us yet, this great website will give you good information from people who have stayed with us. You can also send reviews straight to us at info@flying-r-ranch.com and on our Facebook page.

*We look forward to seeing old friends and welcoming new friends in the upcoming season.
Don't forget we are open year round.*

The Flying R is the best campground and horse trailriding facility I have ever been at. I have been at several throughout Arkansas and Missouri and Colorado. I just love the whole facility and all that it offers. Terry and Pam, the owners are the best. They make you feel so at home.

Karri Koelling, Minnesota

Great Place! We've been twice now and we love it. Campsites are good and firewood is provided. Stalls aren't big, but they are open and airy and in the shade, which is much better than some places. Trails are pretty well/very well marked and range from hilly and rocky to flat dirt, single track thru the woods to double track in open fields and everything in between including crossing the river, which is great for watering and cooling down your horse. One note: The address given won't work with our GPS. Here is the Lat/Lon: 36.860910, -92.175078

Joe Preston

Reservations for camping and trail riding are available year round.

Call or check our website for more information on upcoming rides and clinics.

To unsubscribe to this newsletter please reply to info@flying-r-ranch.com and request your email address be removed from our files. Thank you.

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