



Your Outdoor Experience in the Heart of the Ozarks & Mark Twain National Forest

Volume 1, Issue 12
December 2013

DECEMBER 2013 NEWSLETTER

HC 64 Box 6015
West Plains, MO 65775

Greetings from Flying R Ranch

Happy Holidays! The weather was perfect for our Thanksgiving weekend! After a long day of riding it was so nice to share a wonderful dinner with everyone.

We are getting ready for next year's equine convention season and will be at Equifest in Wichita, Kansas, Illinois Horse Fair in Springfield, IL and Horsefest in Springfield, MO. Stop by to see us and enter our Grand Prize Giveaway drawing.

Look for our 2014 Calendar of Events Coming Soon! The calendar will be posted on our website newsletter page and on our Facebook page.

Terry & Pam Carroll

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- Trail Photos
 - Upcoming events
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 - Chef Chris' Monthly Recipe



*Gourmet Meal packages
Open Year Round
Miles and miles of trails*

Thanksgiving Ride



We had a great turn out for our Thanksgiving Ride weekend. The weather cooperated and gave us some great riding days! Thanks to everyone who has visited us and helped to make it the best year yet! And to those who have returned again, we want you to know how much we appreciate being a part of your Thanksgiving tradition.





Cowgirl UP at Flying R Ranch

Cowgirl UP is a ladies trailriding group based out of Northwest Arkansas. Formed in 2000 by Linda Hybl, the club now has a membership of nearly 100 from nine different states. Members range in age from twenty-something to seventy-something. The group rides on Wednesdays which is ladies only and Saturdays when family and husbands are welcome. All breeds of horses are represented, as well as various types of saddles and tack.

The club holds monthly campouts and chose the Flying R Ranch near Willow Springs, MO for their October ride. Twenty members attended and were well pleased with the facilities and courtesy of the staff at Flying R. Many are anxious to return to the camp.

Cowgirl UP believes in helping its members and donating back to the community. Benefit rides have been held for members who were battling cancer and work days organized to help with members who needed assistance with home chores. Members also help each other with learning to pull trailers, fit saddles, and other horsey duties.

For more information about Cowgirl UP contact Becki Jackson at beckij@cox.net.

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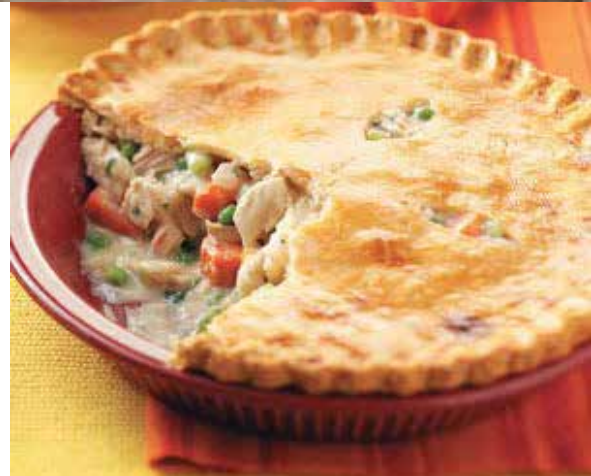
Flying R Ranch 2013



CHEF CHRIS'S

Recipe of the Month

Turkey Pot Pie



Ingredients

2 medium potatoes, peeled and cut into 1-inch pieces
3 medium carrots, cut into 1-inch slices
1 medium onion, chopped
1 celery rib, diced
2 tablespoons butter
1 tablespoon olive oil
6 tablespoons all-purpose flour
3 cups chicken broth

4 cups cubed cooked turkey
2/3 cup frozen peas
1/2 cup plus 1 tablespoon heavy whipping cream, divided
1 tablespoon minced fresh parsley
1 teaspoon garlic salt
1/4 teaspoon pepper
1 package (15 ounces) refrigerated pie pastry
1 Egg

Directions

In a Dutch oven, saute the potatoes, carrots, onion and celery in butter and oil until tender. Stir in flour until blended; gradually add broth. Bring to a boil; cook and stir for 2 minutes or until thickened. Stir in the turkey, peas, 1/2 cup cream, parsley, garlic salt and pepper.

Spoon into two ungreased 9-in. pie plates. Roll out pastry to fit top of each pie; place over filling. Trim, seal and flute edges. Cut out a decorative center or cut slits in pastry.

In a small bowl, whisk egg and remaining cream; brush over pastry. Bake one potpie at 375° for 40-45 minutes or until golden brown. Let stand for 10 minutes before cutting.

Cover and freeze the remaining potpie for up to 3 months. To use frozen potpie: Remove from the freezer 30 minutes before baking. Cover edges of crust loosely with foil; place on a baking sheet. Bake at 425° for 30 minutes. Reduce heat to 350°; remove foil. Bake 55-60 minutes longer or until golden brown. Yield: 2 pies (6 servings each).

*There's nothing better for a man's soul than being outside on a horse.
...Anonymous Cowboy*

Flying R Testimonials

Let other campers know what you think about us here at Flying R Ranch. Go to www.horsetraildirectory.com and submit a review. Click on Missouri and scroll down to West Plains-Flying R Ranch then click on Submit Review. If you haven't had a chance to visit us yet, this great website will give you good information from people who have stayed with us. You can also send reviews straight to us at info@flying-r-ranch.com.

***We look forward to welcoming new friends and seeing old friends
in the upcoming season.
Don't forget we are open year round.***

First time to Flying R. Enjoyed the stay. Friendly staff and very clean facility. The food was beyond great. Even though it rained several inches the first night, we were able to ride the following day. There are rocky hills or more flat riding after crossing the river. Plenty of riding for ability levels. The obstacle course was a lot of fun, so I enjoyed challenging my new young horse each day.

Ill Rider.-August 2013

This is the first time my friends and I stayed at Flying R. We have ridden at a lot of camps in Missouri. This one is excellent and we all will come back again. It is easy to get to with good roads. The campground is very nice. Stalls are large enough for my big mare and very safe and clean. The showers and bathrooms are immaculate. We love the tack for sale and the hand dipped ice cream. The trails are beautiful, fun and just enough challenge to not be boring. They have great maps and Terry will show you unmarked trails on his large arial and topo map in the barn. We never got lost and felt it was easy to take an all day ride and not be afraid of getting lost. I would recommend this camp to anyone at any level of riding. They also have several round pens of various sizes to warm up your horse as well as a challenging trail obstacle course in camp

Jan Stalcup-KS

Reservations for camping and trail riding are available year round.

Call or check our website for more information on upcoming rides and clinics.

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and request your email address be removed from our files. Thank you.

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